

REGISTRATION FEE

Early Registration until April 30 th	Late Registration from May 1 st	Theory-module fee
€ 1.400,00	€ 1.600,00	€ 250,00

THE REGISTRATION FEE INCLUDES

Participation in the scientific sessions, anatomical specimens for hands-on activities, catering services during the course, insurance coverage, certificate of attendance, ECM credits, and one social dinner.

The registration fee does NOT include travel expenses or accommodation.

The Organizing Secretariat is available to provide information and logistical support.

In case of rescheduling or cancellation of the course due to reasons attributable to Hinovia and/or AnatomX, participants will be entitled to a refund of the registration fee should they not accept the newly proposed date.

AS FOR TRAVEL AND ACCOMMODATION EXPENSES:

Only and exclusively the costs related to travel or accommodation arrangements issued directly by Hinovia on behalf of AnatomX will be refunded in full.

Any travel or accommodation expenses independently arranged by the participants will not be reimbursed by Hinovia for AnatomX.

Participants are therefore strongly advised to take out an insurance policy that covers such costs in the event of changes or cancellation of the event.

HOW TO REGISTER

To register, please visit www.anatomx.com and go to the Upcoming Events section, where you will find the course page with the course title.

The Organizing Secretariat will send a confirmation of successful registration.

EVENT VENUE

ANATOMX - Cadaver Lab by IRCCS MultiMedica
Via Gaudenzio Fantoli, 16/15 - 20138 Milan, Italy



ITALIAN CME ACCREDITATION

The event is accredited (21,9 CME credits) for Physiotherapists and Orthopedists

Provider & Scientific and Organizational Secretariat



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International Advanced Wrist Course VIII

ANATOMX®
HINOVIA RESEARCH & TRAINING CENTER
CADAVER LAB EXPERIENCE

THE RADIUS: from head to WRIST

CME COURSE

Honorary Course Directors

Riccardo Luchetti, Pietro Simone Randelli

Course Director

Jane C. Messina

Scientific Committee

Paolo Arrigoni, Andrea Atzei

The topics of the course will be:

radius fracture internal fixation from head to wrist (radial head and neck, radial shaft, distal radius), wrist arthroscopy, radial head implants, forearm fracture internal fixation, forearm instability, DRUJ problems, TFCC repair, perilunate injuries, intrinsic ligament injuries

Milan

October 5th - 6th 2026

COURSE OBJECTIVES:

This course has been designed to give participants the opportunity to master a variety of techniques for treating traumatic and post-traumatic conditions of the forearm and wrist.

The radius is a pivotal bone - it grants stability to the wrist, but its ability to rotate at both the proximal and distal radio-ulnar joints enables forearm pronosupination. Because this segment is so mobile, a surgeon must know how to restore optimal function after injury.

During the course, we will learn internal fixation techniques for the proximal and distal radius, as well as the radial shaft. Participants will also learn about radial head implants and ligament reconstruction. We will explore a broad spectrum of radio-carpal trauma, including distal radius articular fractures, radiocarpal dislocations, perilunate injuries, scaphoid fractures and nonunions, and intracarpal ligament injuries.

In addition to theoretical sessions, this is a hands-on cadaver lab course: participants will be able to learn a variety of surgical techniques - both open and arthroscopic - and will have the opportunity to reproduce them on cadaver specimens, ensuring a deeply practical learning experience.

We look forward to having you join us!

Jane C. Messina

FACULTY

A. Arnaout - Paris, France
R. Arora - Innsbruck, Austria
P. Arrigoni - Milan, Italy
A. Atzei - Treviso, Italy
E. Carità - Verona, Italy
V. Carratalà - Valencia, Spain
A. Celli - Modena, Italy

A. Colozza - Faenza, Italy
F. Corella - Madrid, Spain
P. Delgado - Madrid, Spain
G. Herzberg - Lyon, France
G. Lauri - Florence, Italy
A. Lazzarini - Milan, Italy
R. Luchetti - Rimini, Italy

L. Marzella - Milan, Italy
J. C. Messina - Milan, Italy
S. Pfanner - Florence, Italy
P. S. Randelli - Milan, Italy
E. Viola - Cremona, Italy

PROGRAM

Monday October 5th

Proximal radius and Forearm - Moderators: **P. Arrigoni, E. Viola**

07:45 Registration of participants
08:00 Presentation of the Course - **P. S. Randelli, R. Luchetti, J. C. Messina**
08:20 Mechanism of trauma and surgical management of radial head fractures and terrible triad
P. Arrigoni
08:30 Degrees of severity of terrible triad injuries - **G. Herzberg**
08:40 Classification and internal fixation of radial head fractures - **E. Carità**
08:50 Arthroscopic management of radial head fracture and involvement of PRUJ - **A. Colozza**

09:00 Radial head implants: indications and long term results - **A. Celli**

09:10 Surgical management of complex forearm and radial head fractures - **R. Arora**

09:20 Proximal radial shaft fractures and relationships with radial nerve - **G. Lauri**

09:30 Longitudinal instability of forearm - **A. Colozza**

09:40 Radio-ulnar synostosis - **S. Pfanner**

09:50 How to manage post-traumatic limitation of pronosupination - **J. C. Messina**

10:00 Discussion

10:20 *Coffee break*

10:40 **Cadaver Lab**

- Radial head fracture and internal fixation with screws/plates
- Radial head implants
- Internal fixation of forearm fractures
- Isolation of radial nerve and other nerves in the forearm

13:00 *Lunch*

Distal radius and DRUJ - Moderators: **A. Atzei, S. Pfanner**

14:00 Open management of distal radius fractures, extra and intra-articular by volar approach

L. Marzella, A. Lazzarini

14:10 Intra-articular fractures when to choose volar, dorsal or combined approach: technical details

G. Lauri

14:20 Arthroscopic management of two part DRF fractures - with ligament lesions - **J. C. Messina**

14:30 Arthroscopic management of complex articular fractures of distal radius: technique - **G. Herzberg**

14:40 Management of Instability of DRUJ and acute TFCC injuries: what to do? - **V. Carratalà**

14:50 The "boutonniere-like" effect of the fixed ulnar head during forearm rotation. Clinical relevance

G. Herzberg

15:00 Management of Instability of DRUJ: chronic injuries, what to do? - **A. Atzei**

15:10 Radiocarpal stiffness: open or arthroscopic? - **R. Luchetti**

15:20 Discussion

15:35 *Coffee break*

15:50 **Cadaver Lab**

- Internal fixation of distal radius fractures (volar and dorsal approach)
- Arthroscopic management of DRF (two part fractures and complex fractures)
- TFCC repair and reinsertion techniques (open and arthroscopic)

18:00 Challenging Clinical Case discussion

18:30 Closure of the day

PROGRAM

Tuesday October 6th

Intracarpal injuries, part I - Moderators: **P. Delgado, J. C. Messina**

08:20 Classification of scaphoid fractures and nonunions - **R. Arora**

08:30 Arthroscopic classification of scaphoid non-unions - **F. Corella**

08:40 Open management of scaphoid fractures and non-unions - **S. Pfanner**

08:50 Arthroscopic management of scaphoid fractures and nonunions - **P. Delgado**

09:00 Radiocarpal dislocations - **E. Carità**

09:10 Algorithm of treatment of SL injuries according to EWAS Classification - **A. Arnaout**

09:20 Reinsertion of SL with anchor screws: indications and technique - **V. Carratalà**

09:30 Arthroscopic capsulodesis techniques: evolution of techniques and why do we use them - **A. Atzei**

09:40 Volar capsulodesis: open and arthroscopic - **All Faculty**

09:50 SL reconstruction techniques with tendon graft - **F. Corella**

10:00 Discussion

10:20 *Coffee break*

10:40 **Cadaver Lab**

- scaphoid fixation open or arthroscopic
- scaphoid nonunion: grafting open or arthroscopic
- open/arthroscopic SL capsulodesis (with or without anchor)
- scapho-lunate reconstruction open/ arthroscopic

13:00 *Lunch*

Intracarpal Injuries - part II - Moderators: **F. Corella, R. Luchetti**

14:00 Perilunate injuries: classification and treatment options - **G. Herzberg**

14:10 Management of PLIND Injuries and extrinsic ligament lesions - **F. Corella**

14:20 Lunotriquetral injuries: repair, reconstruction or fusion? - **R. Luchetti**

14:30 Discussion

14:45 **Cadaver Lab**

- SL reconstruction with tendon graft (open or arthroscopic)
- LT capsulodesis, LT reconstruction, LT fusion

16:30 CME and Closure of the Course